

MINIMA DO REPREZENTACJI 2020

SENIORKI		SENIORZY	
50 SF	00:18,59	50 SF	00:16,23
100 SF	00:41,28	100 SF	00:35,93
200 SF	01:32,82	200 SF	01:23,34
400 SF	03:20,72	400 SF	03:05,19
800 SF	07:08,99	800 SF	06:37,45
1500 SF	14:01,40	1500 SF	12:54,08
50 AP	00:16,90	50 AP	00:14,93
100 IM	00:38,80	100 IM	00:33,82
400 IM	03:11,50	400 IM	03:01,12
50 BF	00:22,42	50 BF	00:19,60
100 BF	00:48,98	100 BF	00:42,95
200 BF	01:50,14	200 BF	01:39,20
400 BF	03:58,97	400 BF	03:36,73
JUNIORKI		JUNIORZY	
50 SF	00:19,48	50 SF	00:17,35
100 SF	00:42,76	100 SF	00:37,92
200 SF	01:35,92	200 SF	01:28,53
400 SF	03:26,93	400 SF	03:15,49
800 SF	07:25,16	800 SF	06:53,13
1500 SF	14:14,37	1500 SF	13:23,57
50 AP	00:17,95	50 AP	00:15,88
100 IM	00:40,39	100 IM	00:36,52
400 IM	03:24,94	400 IM	03:06,66
50 BF	00:23,04	50 BF	00:20,47
100 BF	00:50,26	100 BF	00:45,33
200 BF	01:52,68	200 BF	01:42,45
400 BF	04:00,38	400 BF	03:45,50