

BALTIC OPEN 2018

Open **Baltic** Finswimming Championship

2018



Photo by Eric Travejso



10-11 March
Olsztyn, Poland

Patronat: Prezydent Miasta Olsztyna Piotr GRZYMOWICZ



OPEN BALTIC CHAMPIONSHIP

9th – 11th of March 2018

OLSZTYN, POLAND

PARTICULAR REGULATIONS

1. Denomination:

The Polish Underwater Federation PZPn invite all interested Federations and Clubs to participate on the OPEN Baltic Championship for categories A, B, C, D organized in the period from 9th to 11th of March 2018 in Olsztyn.

2. Participation rules and races :

The competition is governed by the Finswimming International Rules, that every athlete affirms to know and to follow. Races and categories are the following:

CATEGORY: A, B, C, D

50 m ap., (competitors of Cat. "D" cannot enter) 100 m im.,
50 m sf., 100 m sf., 200 m sf., 400 m sf., 800 m sf.,
50 m bf., 100 m bf., 200 m bf.

RELAYS cat. Open / Junior (cat. C+D)

4 x 100 m sf
4 x 100 m bf mikst (2 men + 2 women)/ (2 boys + 2 girls)
4 x 50 m sf mikst (2 men + 2 women)/ (2 boys + 2 girls)
4 x 50 m bf mikst (2 men + 2 women)/ (2 boys + 2 girls)

Additional races:

400 m bf OPEN
400 m im OPEN

IMPORTANT:

1. All athletes have to have valid CMAS license.
2. There will be the general classification for clubs and countries. Best two athletes on every distance (without additional races) bring the points for classification.
3. **There is no limit of number of starts for the competitor.**
4. **There is no limit of number of competitors from each club for one race.**
5. **The start list will be created according to times, but medals will be given in all categories separately (A, B, C, D).**
6. **The relays bring points (!).**
7. In the mikst relay for category JUNIOR must swim two boys and two girls from category C or younger, but at least one athlete must be from category D.

3. Competition place :

The competition will take place in the "AQUASFERA Swimming Pool" in Olsztyn. The swimming pool has a length of 50m, a width of ten lanes and a depth of 2m. The temperature of the water is 26⁰ C (± 1⁰ C).
Address: Aleja Piłsudskiego 69b, 10-449 Olsztyn



4. Enrolment :

1. **Preliminary entry** - application form is provided as attachment with this set of rules and must be filled duly and sent before **15. February 2018** to email address: biuro@pzp-n.pl (**Enclosure 1_preliminary entry**)
2. **Final entry** has to be completed in the Splash program before **1. March 2018 !**

The instructions about Splash final entry will be provided after receiving the preliminary entry.

5. Preliminary procedures :

The registration to the competitions will be possible on 09. March 2018 from 12.00 to 19.00 at the swimming pool *Aquasfera*, address: Aleja Piłsudskiego 69 b, 10-449 Olsztyn.

6. Equipment and bottle refills :

The judges are authorized to control swimmers' equipment at any time during the competitions.

All cylinders used must have passed a hydrostatic test less than 2 years before the competition, or even less if it is required by the local legislation.

7. Timer :

Electronic. Omega system.

8. Classifications :

Classifications will be based on times registered by the timekeepers, results will be compiled according to CMAS score. For distance races no finals are organized.

9. Prizes :

Individual prizes: medals will be given to the first three classified athletes in every individual race in category A, B, C and D and every relay. Medals will be given also for additional races (open).

Teams prizes: cups for first three clubs.

Awarding ceremonies will take place during the competition, so the involved athletes have to be at organizing staff's disposal at the right time. During ceremonies awarded athletes must wear official uniforms of their teams.

11. Antidopping :

WADA – World Antidoping Code

CMAS – Antidoping Rules

Athletes accept these rules as a condition of participation.

12. Responsibility :

The Polish Underwater Federation PZPn, CMAS, the Competition Director, Competition Officers and the Chief Judge are not responsible for accidents or damage caused to people and personal effects before, during or after the competition.

13. Special Notes :

The program of the Open Baltic Championship can be modified according to the needs of the organizer's judgment. Participating teams will get all information about the changes in time. Swimmers must be available for the Start Judge with their equipment complete at least 10 minutes before the race starts. Organizers reserve the right to accept and insert an athlete or relay at any time at their discretion, in or outside the official classification, on the specific request of a participating club. Rules in general concerning this competition can be found on the website of CMAS, under the Finswimming Rules.

PROGRAM

Friday 9st March 2018

12.00 -19.00	Arriving of teams, checking of documents, payment of participant fee and accommodation fee in Competitions Office at the swimming pool.
19.00 – 21.00	Training time
19.30	Technical meeting at the swimming pool AQUASFERA

Saturday morning 10nd March 2018

8.00 – 8.50	Warming up
9.00	50 m ap M/W senior
	50 m ap B/G junior
	800 m sf M/W senior
	800 m sf B/G junior
	400 m bf open
	400 m im open
	4 x 50 m bf mix relay 2M+2W open
	4 x 50 m bf mix relay 2B+2G junior

Saturday afternoon 10th March 2018

14.00 – 14.50	Warming up
15.00	Opening Ceremony
15.30	50 m bf M/W senior
	50 m bf B/G junior
	200 m sf M/W senior
	200 m sf B/G junior
	100 m im M/W senior
	100 m im B/G junior
	4 x 100 m bf mix relay 2M+2W open
	4 x 100 m bf mix relay 2B+2G junior

Sunday morning 11th March 2018

8.00 – 8.50	Warming up
9.00	100 m bf M/W senior
	100 m bf B/G junior
	100 m sf M/W senior
	100 m sf B/G junior
	400 m sf M/W senior
	400 m sf B/G junior
	4 x 50 m sf mix relay 2M+2W open
	4 x 50 m sf mix relay 2B+2G junior

Sunday afternoon 11th March 2018

14.00 – 14.50	Warming up
15.00	50 m sf M/W senior
	50 m sf B/G junior
	200 m bf M/W senior
	200 m bf B/G junior
	4 x 100 m sf relay OPEN
	4 x 100 m sf relay JUNIOR
	Closing Ceremony

ACCOMMODATION and FEE

Organizers offer accommodation possibility during the competition with enrolment deadline of **15th February 2018 (Enclosure 2_Booking Form)**:

Hotel ** and Hotel *** 130 EURO / person (rooms with 1-2-3 beds)**

130 euro/person for full accommodation in hotel from Friday 9th-dinner till Sunday 11th-lunch

(The price include all starting fees !)

1. Extra day 50 EURO /person
2. Single room extra price is 25 EURO /person /day.
3. Those participants who do not accept one of the accommodations offered by the Organizing Committee - but arrange their accommodation by themselves are supposed to pay 50 euro/person as organizing fee.

BOOKING CONDITIONS AND PAYMENT

1. The booking deadline will be **15th February 2018**.

After this period fee will be increased by 10%.

2. Payment should be made by direct bank transfer:

Name of the Bank : BANK ZACHODNI WBK SA
I ODDZIAŁ GDYNIA

Address: UL. 10 LUTEGO 11
81-366 GDYNIA

Beneficiary: Polski Związek Płetwonurkowania,
ul. Hallera 2
83-400 Kościerzyna, Poland

Bank account no: SWIFT (BIC CODE) : **WBKPPLPP**
IBAN: PL93109011020000000115588285

TRANSPORTATION

Possible transfers from the airports Warsaw and Gdańsk.
Contact us if needed.